

**ASSIGNMENT BRIEF 2023 -2024**

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| Course Title: Health Service Skills | Module Title: Care Support |
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| Course Code: 5M3782 | Module code: 5N0758 |
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| Class: STA 1145 | Tutor: Suzanne Fitzpatrick |
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| Assessment Technique: Assignment | Weighting 30% |
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| Guidelines:  **The learner is required to demonstrate the ability to plan and provide enhanced quality care and apply knowledge gained to plan and meet the needs of the individual client.** Evidence should include.   * Identification of the Activity including **consultation with the client.** * Details of **planning** materials / resources needed. * Details of effective **communication with other personnel, supervisor, and other team members.** * **Detailed account of how the activity was carried out** demonstrating best practice that will enhance the client’s independence and dignity. An awareness of safety and best practice throughout the activity. * **An evaluation of the impact that the activity had on the client.**   Learning Outcomes 3&4 (outlined in the module programme  Assessment Criteria:  Pass A student must achieve a minimum of 50% to achieve a Pass.  Merit A student must achieve a minimum of 65% to receive a merit .  Distinction A student must achieve a minimum of 80% to achieve a distinction.  **Issue Date: 16/04/2024 Submission Deadline: 16/05/2024**  **I confirm that I understand the assignment details outlined above and undertake to submit the assignment on or before the deadline given and to keep a copy of any written assignment submitted.**  **Student name: Happines Malinga Date: 16/04/2024**  **ASSIGNMENT SUBMISSION**  **NB Assessments must not be submitted using poly-pockets.**  **I confirm that the work I hereby submit is my own unaided work.**  **Student name: Happines Malinga**  **Teacher: Suzanne Fitzpatrick**  **CARE SUPPORT ASSIGNMENT**  **Guidelines/ marking scheme**  **Assignment 30%** | |
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**Please type assignment. 1.5 spacing. Font size 12 and justify the margins. Below are guidelines for what to include in this assignment.**

**Introduction ( 1 mark)**

* **This is where you present an overview of what you did in your social activity. Give a brief profile of the clients who are participating in the activity. Explain where you are working, the profile of your client/clients, their needs, and their background.**

*My client’s name is Mary Boyle she is 84 years old. who lives with her daughter in her home in Clonne. Mary had a CVA (cerebral vascular accident/stroke) a few years ago. She is in wheelchair bond and needs assistance with her physical care. Her speech is slightly impaired, but she can speak and can be understood when you come near to her and make eye contact with her and read her lips. She understands everything, she has a left sided weakness to her arm and leg. Mary needs assistance with feeding, her food chart is kept daily to record what Mary is eating toileting, she needs assistance with exercising and companionship. Before Mary had a stroke, she was active, she enjoyed going out every Friday to meet with her two sisters for lunch in a nearby café. and attended her local church twice a week for mass.*

**Identification of the Activity including consultation with the client. (3 marks)**

* **Think about when Suzanne Introduced the assignment to the class, I started to think about what activity would be suitable for my client or group of older people. To consult with the client /group, we discussed the different types of activities would be suitable for the client/ older person. The client and I decided that the activity suitable would be…….**

**Details of planning materials / resources needed. (3 Marks)**

* **Say here how you organised the material/ resources needed for the activity. Where did you get them etc. Budgeting etc think also about the room, chairs table needed etc.**

*In preparation for my client’s day out of activities, my client usual give me her notebook that contain all the contact detail she may need, she tells me to make call, or I will dial the numbers and she will speak, depending on how she’s feeling that day. We start by contacting the taxi company to arrange the suitable taxi that is wheelchair accessible and book it few days before the actual day of activities, she usually meet her sisters every Friday for launch, we will then ring the two sisters to arrange the time of meeting, ring the café to book the table for three, and inform them that we will need the ramp for the wheelchair to come inside the café. Mary and her sisters love to play cards and puzzles, I suggested to Mary’s daughter Elva arranges the puzzle since are great for mental stimulation and Mary loves them, Elva gives them to me to bring with when taking Mary out to mee her sisters. I will then leave Mary and her sister and come back for her in an hour to bring her home, the same taxi brings us back.*

**Details of effective communication with other personnel, supervisor, and other team members (3marks)**

* Think about discussing with the supervisor other HCAs in relation to the activity. Organizing a date, time when the activity would take place.

*When Mary and I come back home, she’s usually tired and need to use the bathroom. I will then bring her to the bathroom and ensure that she had changed her pad and its dry, wheel her back to her living room to watch the television, she will ask me to adjust the wheelchair back in a sleeping position and she would have a nap. While waiting for the other healthcare assistant I will record how Mary was and what she ate and drink to the care plan, I will record everything about the day out of activities, when the healthcare assistant come to take over, I will brief her about everything and let her know that everything is documented in the care plan.*

**Give an account of how the activity was carried out. (6 Marks)**

* **Discuss how you demonstrated best practice that enhanced the client’s independence *and dignity, empowered the clients****.*

*The basic rules of dignity, respect and privacy should be adhered to whenever intimate procedures are being carried out. same applies to Mary, I as a health care assistant, I will ensure that the door is closed to always obtain Mary’s privacy, using the bathroom I would assist Mary using the hoist to the toilet seat and ensure that she is safe, before leaving her in the bathroom, I wait outside the door. and then give her privacy and independence, since she is well able, until she is finished.*

**An awareness of safety and best practice throughout the activity. (4 Marks)**

* Brief discussion how you maintained a safe and hygienic environment for the client/s from start to finishing the activity.

*As Mary had a cerebral vascular stroke, she requires equipment to transfer her from one place to another, such as hospital bed, wheelchair, commode, when transferring Mary, I would ensure that all equipment is clean and working properly, when I suspect that the equipment is not working, I will report them immediately*,

*Before meeting Mary I will first attend to hands hygiene, wear PPE, if necessary, give clear instruction of what we are about to do when moving her using equipment to ensure her safety. and give explanation as we go through the task. when using a hoist, I would ensure that I also have someone to assist me as two people are needed for the task, maintain safety by applying manual handling guidelines, when moving her, ensure there are no obstructions, move furniture if necessary to allow room to maneuver, I would ensure to apply brakes at all times, and safety belt, and use the rail and the remote control for the bed, to maintain safety for my back and the safety for Mary. After using the equipment, I will make sure I clean them, charge the hoist, and make sure is working properly*. *Before starting the feeding process, I would prepare myself. Attending to hand hygiene first, wear PPE or apron if necessary. And next I will prepare Rebecca, introduce myself and gain consent from her. I will ask her which room she would like to eat in, assist her washing her hands*.

**An evaluation of the impact that the activity had on the client.**

* **How do you feel it went? (3 marks**)

*I believe that the activity is always a success Mary loves spending time with her sisters and she’s always looking forward to it every week.*

* How did the client react to the activity? (3 marks)

*She was excited and enjoyed herself, even though she was tired afterward, but she had a great time.*

* if you were to do the activity again, what would you do differently. (3 marks)

**Conclusion (1 mark)**

*The activity was a huge success, when the client is happy, that the main purpose of having this work.*